

"MOBILE TRAINING FOR HOME AND HEALTH CAREGIVER FOR PEOPLE WITH DISABILITIES AND OLDER PEOPLE"



Sub-programme: Leonardo da Vinci
Action: Multilateral projects for development of innovation Sector skills alliances
Measure: 01 January 2014
Start date: 31 December 2015
End date: 24 months
Duration: www.mcare-project.eu, www.pcgcare.eu, facebook.com/MCareproj, twitter.com/MCareproject
Get final outputs on:

This project (539913-LFP-1-2013-1-TR-LEONARDO-LMP) has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

USERS:

- Unemployed and / or low skilled adults (18+) who want to be trained as personal caregivers
- Current employees in Personal Care and Social service sectors who are seeking to improve their knowledge, skills and competencies.
- VET training centres that can offer up-to-date M-CARE training course.
- People with disabilities and older people who are direct beneficiaries of reliable and qualitative services provided by well-trained staff.

M-CARE is offering a blended innovative training approach:


- face-to-face
- e-learning (via www.pcgcare.eu)
- on the job training (via mobile app at Google Play)

What training topics you can access?

Didactical support for mobile learning - it presents the M-CARE innovative training approach (e-learning and mobile app), and also the traditional forms (face-to-face, via text book).



Disability awareness -
the essence of the module is the overview of disabilities (also those related to aging) and the respective limitations and barriers clients with these disabilities face.



Communication -
it covers all aspects of communication between the PCG (Personal Caregiver) and the client with disability.



Policy -
it provides information about the legal framework in the partner countries concerning the rights of people with disabilities as well as funding opportunities foreseen for acquiring assistive technologies and social benefits.




Social Inclusion -
it consists of specific information about factors and barriers to promote social inclusion and strategies to enhance social inclusion impact.




Psychological empowerment -
it consists of practical guidance to identify and cover personal needs and desires of the client with disability. It also enhances PCG's competencies in terms of tips for prevention of depression, suicidal behaviour and sexual needs of the client, as well as ethical aspects and prevention of stress of the PCG.



Physiological needs -
here the PCG receives specific information how to monitor the physical status, nutrition and health of the client, as well as how to provide technical assistance in terms of daily physiological procedures.



Hygiene -
here the PCG receives specific information about: general principles, sources of infection and possible diseases. It addresses procedures like washing and disinfecting the hands, shower & bath procedures, as well as dealing with food refusal.



Daily care at home -
it provides basic guidance in terms of house cleaning and maintenance.



First aid and risks -
it gives essential information on the provision of first aid and the risks which the PCG may face during the provision of services (choking, fall, severe bleeding, nosebleeds, unconsciousness, adult cardiac arrest, cardiopulmonary resuscitation, wounds, burns, fractures, shock, electrocution, hypothermia and poisoning).



Environmental control -
it consists of important practical information and tips on how to take into consideration all aspects of the environment in which the client lives, as well as recommendations and advices on how the client can live healthy and how to avoid substances that can badly affect the client's health condition.




Mobility of people with disabilities and older people -
the PCG receives specific information about: moving in and outside the bed, transfer methods from/to the bed, using and manoeuvring of a wheelchair, going to the bath and to the toilet and how to put on/off the orthotics.



Leisure and daily Activities -
the PCG receives basic knowledge and examples how to offer different leisure and daily activities depending on the client's specific needs.



Prevention of PCG's burnout syndrome -
it gives practical information how to prevent and cope with possible PCG burnout. It consists of prevention guidance such as relaxing, healthy eating and exercising, sleeping habits as well as tips how to deal with the stress.



M-CARE provides the following online assessment options:

- Pre-assessment form to be used by trainers when assessing competences and the suitability of PCG candidate
- Self-assessment form to be used by future/potential/current PCGs
- Post-assessment form to be used by trainers when assessing competences and the suitability of PCG candidate that completed the training

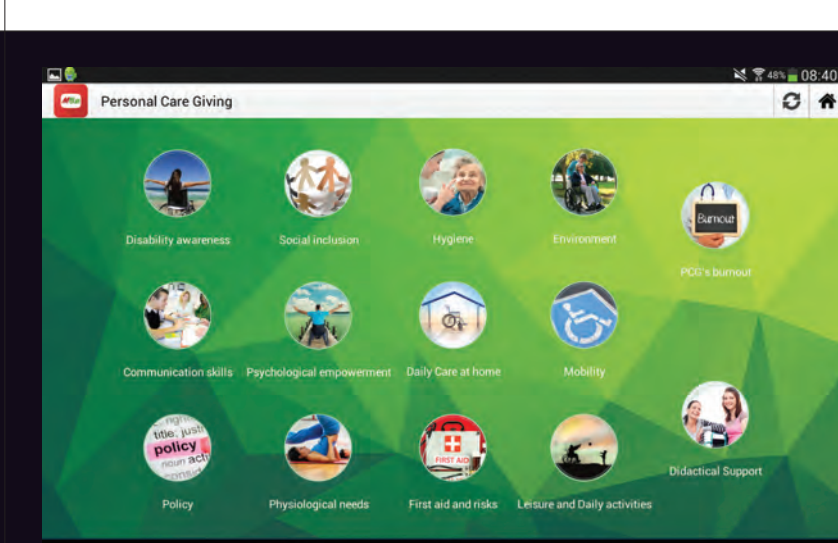
PCG online accessible training portal that offers an online community to PCG trainees and trainers, as well as provides access to the accessible e-learning platform.

Personal Care Giving



www.pcgcare.eu

Mobile learning application (for Android mobiles and tabs) using an educational gaming experience which allows the user to learn in a flexible manner, also when being on the workplace.



Gazi University, Ankara, Turkey – Project Coordinator
Contact person: Prof. Dr. Seyhan FIRAT
e-mail: sfirat@gazi.edu.tr

PhoenixKM BVBA, Belgium
Contact person: Mr. Karel Van Isacker
e-mail: karel@phoenixkm.eu

INTERPROJECTS Ltd., Bulgaria
Contact person: Mrs. Vasilka Sabeva
e-mail: interprojectsbg@gmail.com

Ministry of family and social policy, General Directorate of services for elderly and disabled people, Turkey
Contact person: Mr. Tayyar Kuz
e-mail: tayyar.kuz@bile.gov.tr

University of Athens, Greece
Contact person: Prof. Constantinos Mourlas
e-mail: mourlas@media.uoa.gr

EVBB - Europäischer Verband Beruflicher Bildungsträger, Germany
Contact person: Mr. Andreas Koth
e-mail: andreas.koth@evbb.eu